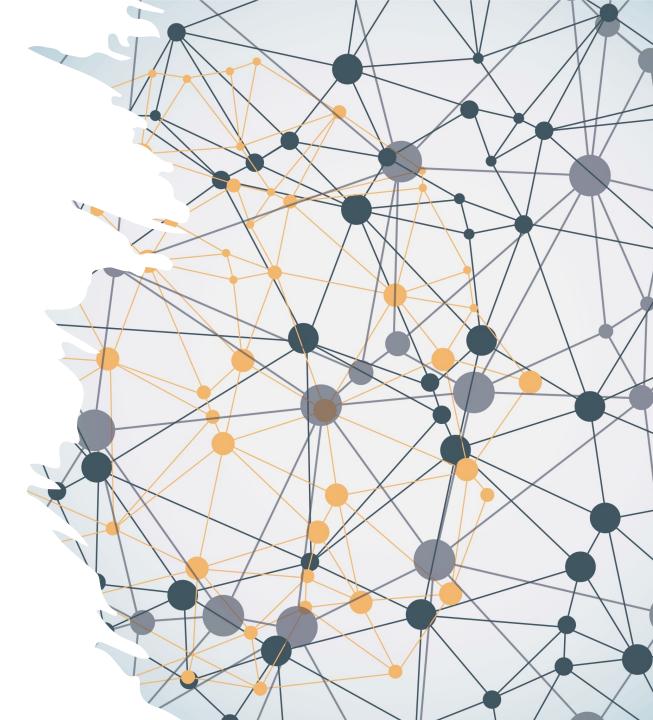
## Parent/Guardian Event Information

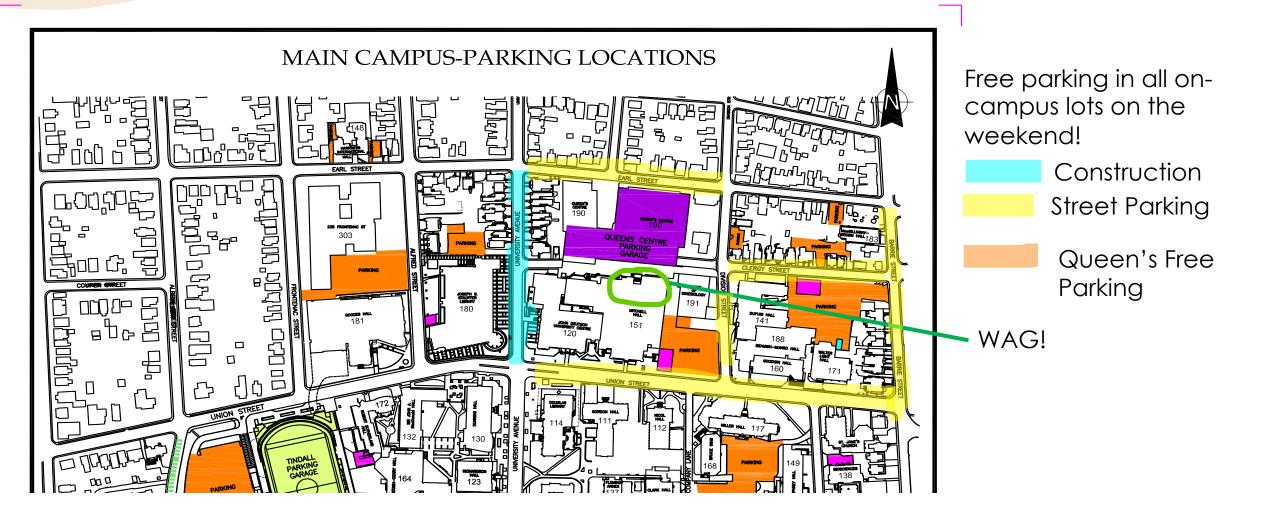
WINTER ADAPTED GAMES 2024

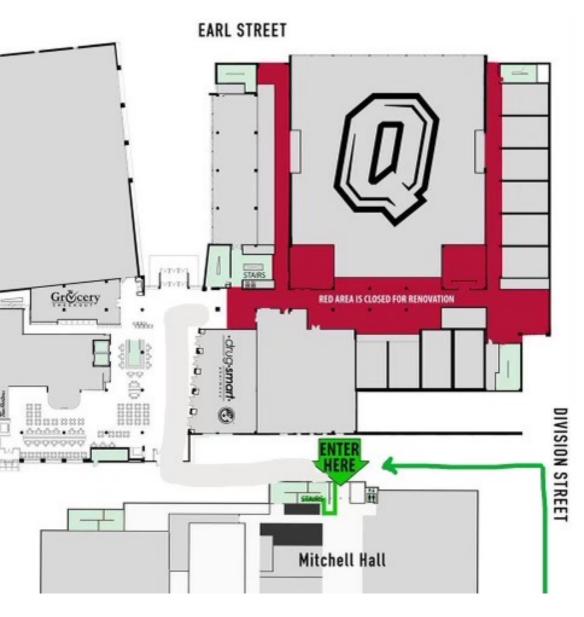


### WAG 2024 – Event Details

- What?
  - Free and inclusive all-day event for individuals with a disability.
  - This year, the event is **space** themed!
  - Student-run event.
- Where?
  - Queen's University (284 Earl St.)
  - \*Mitchell Hall Gyms, not main ARC for pick/drop off)\*
- When?
  - January 27<sup>th</sup>, 8:30am 4:30pm
  - Drop off 8:30-9am
    - Please come closer to 8:30 if possible.
  - Pick up 4:30pm

## Parking at Queen's University







## **Drop Off/Pick Up Location**

- Gym 4 (Mitchell Hall Level 2)
- Arriving Late please still go to Gym 4 and the WAG committee will locate your group for the day.
- If someone is arriving/leaving by taxi, please let us know in advance.
- IMPORTANT
  - At drop off, parents/guardians will provide information for designated pick-up person (if they haven't already).
  - This pickup person will be required to show ID at time of pickup. Please make that you bring ID!

## WAG 2024 Packing List – What to Bring



#### Winter Adapted Games – Outer Space 2024



CHECKLIST OF ITEMS YOU WILL NEED FOR THE DAY: make sure to check off each item!

abel clothing if ou can!

you have evere allergies, ring a lunch lease!

zza will be rovided, as well s other snacks.

|      | Clothing  |  |  |  |  |  |
|------|---|--|--|--|--|--|
|      | Athletic clothes (t-shirt, shorts, sweatpants etc.)                     |  |  |  |  |  |
|      | Running Shoes   |  |  |  |  |  |
|      | Flip flops  |  |  |  |  |  |
|      | Winter Boots  |  |  |  |  |  |
|      | Winter coat, mittens, hat   |  |  |  |  |  |
|      | Swimsuit  |  |  |  |  |  |
|      | Towel   |  |  |  |  |  |
| Food |   |  |  |  |  |  |
|      | Small snacks for breaks (granola bars, fruit, juice box, crackers etc.) |  |  |  |  |  |
|      | Water bottle  |  |  |  |  |  |

#### How Buddy-Participant Pairings Work

- As soon as you register, our Buddy Team will be sorting through our volunteers to find the best match for your participant.
- The earlier you register, the faster you will find out who your Buddy is.
- If you registered, you are good to go! There are a few delays with our online system this year, but please email us with any questions!

# Itinerary for WAG 2024

| Time        | Activity            | Location      |  | Time        | Activity      | Location      |          | Time        | Activity      | Location      | Time            | Activity      | Location      |
|-------------|---------------------|---------------|--|-------------|---------------|---------------|----------|-------------|---------------|---------------|-----------------|---------------|---------------|
|             | Buddies             | Outside of    |  |             | Buddies will  | Outside of    |          |             | Buddies will  | Outside Gym   |                 | Buddies will  | Outside Gym   |
| 8:00-8:30   | Arrive              | Gym 4         |  | 8:00-8:30   | arrive        | Gym 4         |          | 8:00-8:30   | arrive        | 4             | 8:00-8:30       | arrive        | 4             |
|             | <b>Buddies Meet</b> |               |  |             | Buddies will  |               |          |             | Buddies will  |               |                 | Buddies will  |               |
| 8:30-9:00   | Their Groups        | Gym 4         |  | 8:30-9:00   | meet groups   | Gym 4         |          | 8:30-9:00   | meet groups   | Gym 4         | 8:30-9:00       | meet groups   | Gym 4         |
|             | Registration,       |               |  |             | Registration, |               |          |             | Registration, |               |                 | Registration, |               |
|             | Opening             | _             |  |             | Opening       |               |          |             | Opening       |               |                 | Opening       |               |
| 9:00-9:30   | Ceremonies          | Gym 4         |  | 9:00-9:30   | Ceremonies    | Gym 4         |          | 9:00-9:30   | Ceremonies    | Gym 4         | 9:00-9:30       | Ceremonies    | Gym 4         |
|             |                     | Outside ARC   |  |             |               |               |          |             |               | Studio 3 (L2  |                 |               | Studio 3 (L2  |
| 9:45-10:20  | Sleigh Ride         | (Earl Street) |  | 9:45-10:20  | Crafts        | SKHS 104      |          | 9:45-10:20  | Karate        | ARC)          | 9:45-10:20      | Karate        | ARC)          |
|             |                     | Studio 3 (L2  |  |             |               | Studio 3 (L2  |          |             |               | Outside ARC   |                 |               |               |
| 10:30-11:05 | Karate              | ARC)          |  | 10:30-11:05 | Karate        | ARC)          |          | 10:30:11:15 | Sleigh Ride   | (Earl Street) | 10:30-11:20     | Crafts        | SKHS 104      |
|             |                     |               |  |             |               | Outside ARC   |          |             | Cookie        |               |                 | Cookie        |               |
| 11:15-12:00 | Crafts              | SKHS 104      |  | 11:15-12:00 | Sleigh Ride   | (Earl Street) |          | 11:25-12:00 | Decorating    | SKHS 101      | 11:20-11:50     | Decorating    | SKHS 101      |
| 11.15 12.00 | Clarts              | 51(15 104     |  | 11.13 12.00 | Sielgii Nide  | Lansaccy      |          | 11.25 12.00 | Decorating    | 51(15)101     | 11.20 11.50     | Decorating    | Outside ARC   |
| 12:00-12:45 | Lunch               | SKHS 101      |  | 12:10-12:50 | Lunch         | SKHS 101      |          | 12:05-12:45 | Crafts        | SKHS 104      | 12:00-12:45     | Sleigh Ride   | (Earl Street) |
| 12100 12110 | Basketball +        |               |  | 1110 1100   | Basketball +  |               |          | 11:00 11:10 |               |               | <br>11100 11110 | oreign mae    | (Lun buccu)   |
| 1:00-1:50   | Soccer              | Gym 2         |  | 1:00-1:50   | Soccer        | Gym 2         |          | 12:45-1:30  | Lunch         | SKHS 101      | 12:45-1:30      | Lunch         | SKHS 101      |
|             | Change into         | -,            |  |             | Change into   | -,            |          |             | Basketball +  |               |                 | Basketball +  |               |
| 2:00        | bathing suits       | Pool          |  | 2:00        | bathing suits | Pool          |          | 1:30-2:30   | Soccer        | Gym 2         | 1:30-2:30       | Soccer        | Gym 2         |
|             |                     |               |  |             |               |               |          |             | Change into   |               |                 | Change into   | -,            |
| 2:00-2:45   | Swim                | Pool          |  | 2:00-2:45   | Swim          | Pool          |          | 2:30        | bathing suits | Pool          | 2:30            | bathing suits | Pool          |
| 2:45-3:00   | Change              | Pool          |  | 2:45-3:00   | Change        | Pool          |          | 2:45-3:30   | Swim          | Pool          | 2:45-3:30       | Swim          | Pool          |
|             | Cookie              |               |  | 110 0100    | Cookie        |               |          |             |               |               | 1110 0100       |               |               |
| 3:15-3:45   | Decorating          | SKHS 101      |  | 3:15-3:45   | Decorating    | SKHS 101      |          | 3:30-3:45   | Change        | Pool          | 3:30-3:45       | Change        | Pool          |
|             | Closing             |               |  |             | Closing       |               |          |             | Closing       |               |                 | Closing       |               |
| 3:55-4:30   | Ceremonies          | Gym 4         |  | 3:55-4:30   | Ceremonies    | Gym 4         |          | 3:55-4:30   |               | Gym 4         | 3:55-4:30       | Ceremonies    | Gym 4         |
|             |                     | -,            |  |             |               | -,            |          |             |               | -,            |                 |               | -,            |
|             |                     |               |  |             |               |               |          |             |               |               |                 |               | 1             |
| Group Name: | Astronauts          |               |  | Group Name: | Martians      |               |          | Group Name: | Comets        |               | Group Name:     | Rockets       |               |
|             |                     |               |  |             |               |               |          |             |               |               |                 |               |               |
| GROUP 1:    |                     |               |  | GROUP 2:    |               |               | GROUP 3: |             |               | GROUP 4:      |                 |               |               |
| GROUP 1:    |                     |               |  |             | GROUP 2:      |               |          |             | GROUP 3:      |               |                 | GROUP 4:      |               |

#### Safety at the Event

- WAG is a safe, inclusive and fun environment and event!
  - Participants who are being violent will be asked to be picked up.
- Queen's First Aid will be circulating at the Event and some Committee Members are trained!
- All people who require administered medication will go through our safety officer, Noah!

#### More questions?

Contact Us!

Email: <u>qadaptivesport@queensu.ca</u> Instagram: wagatqueens Facebook: Winter Adapted Games – Queen's